

# Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.Sc. Nursing Degree Examination – 03-Jun-2022

Time: Three Hours

Max. Marks: 75 Marks

## MIDWIFERY AND OBSTETRICAL NURSING

(RS-2, RS-3 & RS-4)

Q.P. CODE: 1771

Your answers should be specific to the questions asked  
Draw neat, labeled diagrams wherever necessary. Answer All Questions

### ESSAYS Type

2 x 10 = 20 Marks

1.
  - a. Define normal labour. List the stages of labour.
  - b. Write in detail about the physiological changes during first stage of labour.
2. Mrs Kala, G<sub>2</sub>P<sub>1</sub>L<sub>1</sub> in 33 weeks of gestation presenting with a history of preterm labour is visiting an antenatal clinic.
  - a. Define preterm labour.
  - b. Enumerate the causes of preterm labour.
  - c. Explain the role of a midwife in prevention and management of preterm labour in Mrs. Kala.

### SHORT ESSAYS TYPE

7 x 5 = 35 Marks

3. Explain the foetal development.
4. Outline an antenatal diet plan.
5. State the purposes of postnatal exercises. Explain the pelvic floor exercises.
6. Describe the essential newborn care.
7. Justify the effects of Gestational Diabetes Mellitus (GDM) on pregnancy.
8. Describe the care of a preterm baby.
9. List the methods of temporary contraception. Explain one method in detail.

### SHORT ANSWERS

10 x 2 = 20 Marks

10. Define family centered care.
11. Identify any four causes of onset of labour.
12. Define Lanugo.
13. List the causes of recurrent abortion.
14. List the signs of sub involution of uterus.
15. Enlist any four complications of IUGR.
16. List antihypertensive drugs.
17. Define ICDS.
18. Define contraception.
19. What is safe period?

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